The Problem: Imbalanced Supply and Demand of Psychiatry

The rising demand for mental health services coupled with the provider shortage has created a significant gap. Despite how common mental health concerns are, less than half of those with mental health issues receive treatment.

Prevalence of Mental Health Concerns in the United States

1 in 5 people in the U.S. live with a mental health condition. This means that mental health is a significant issue affecting a large portion of the population.

Access to Mental Health Treatment

According to the National Alliance on Mental Illness (NAMI), only 1 in 3 people with a mental health condition receive treatment. This highlights the disparity between those in need and those who are getting the help they need.

National Shortage of Mental Health Providers

The American Psychiatric Association reports a 15% shortage in the number of psychiatrists in the U.S. This shortage is particularly acute in rural and underserved areas.

Mental Health in America - Access to Care Data (2015)

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Financial Impact

Mental illness costs the U.S. $193.2 billion in direct and indirect costs each year. This includes lost productivity and the cost of care. For veterans, the cost of care and mental health services for those who cannot support themselves is $38.5 billion.

The Solution: Telepsychiatry Increases Access to Care

Telepsychiatry is allowing more people than ever to access mental health care. Timely access to mental health care settings including emergency departments and inpatient units. For follow-up or maintenance care, online interventions.

Telepsychiatry is Effective

Telepsychiatry provides support for primary care providers. It allows them to prescribe medication, make treatment decisions, and provide ongoing care.

Telepsychiatry Provides Support for Primary Care Providers

Telepsychiatry can reduce the burden on primary care providers. It allows them to identify individuals with mental health conditions and link them to appropriate care.

Telepsychiatry Increases Access to Care

Telepsychiatry increases access to care by making mental health services more available to those who need them. It also reduces the burden on existing providers.

Telepsychiatry is Cost-Effective

Telepsychiatry is cost-effective compared to in-person assessments. It reduces the cost of care and lost productivity for those who cannot support themselves.

Telepsychiatry is Accessible

Telepsychiatry is accessible to a wide range of individuals. It can be delivered via videoconferencing or telehealth, making it easier for people to receive care.

Reimbursement for Telehealth Services

Telepsychiatry is reimbursable, allowing providers to be compensated for their services. This is particularly important in rural and underserved areas where access to mental health services is limited.


Using Telehealth to Better Balance Supply and Demand of Psychiatry

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